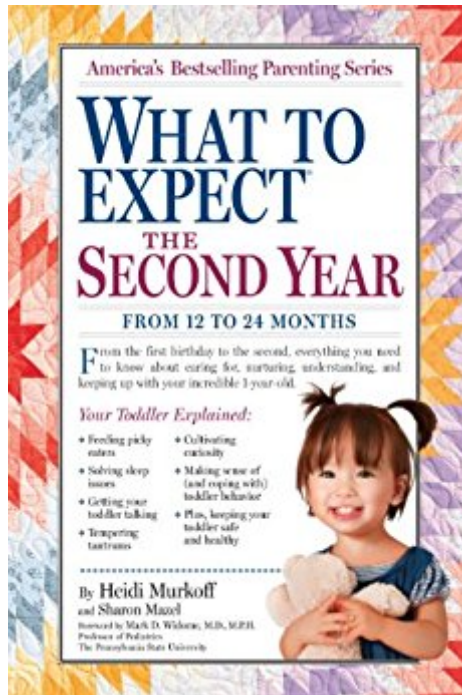


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# What To Expect The Second Year: From 12 To 24 Months



## Synopsis

The essential sequel to *What to Expect the First Year*, with 11 million copies in print, *What to Expect the Second Year* picks up the action at baby's first birthday, and takes parents through what can only be called "the wonder year" 12 jam-packed (and jam-smeared) months of memorable milestones (from first steps to first words, first scribbles to first friends), lightning-speed learning, endless explorations driven by insatiable curiosity. Not to mention a year of challenges, both for toddlers and the parents who love them, but don't always love their behaviors (picky eating, negativity, separation anxiety, bedtime battles, biting, and tantrums). Comprehensive, reassuring, empathetic, realistic, and practical, *What to Expect the Second Year* is filled with solutions, strategies, and plenty of parental pep talks. It helps parents decode the fascinating, complicated, sometimes maddening, always adorable little person last year's baby has become. From the first birthday to the second, this must-have book covers everything parents need to know in an easy-to-access, topic-by-topic format, with chapters on growth, feeding, sleeping, behaviors of every conceivable kind, discipline (including teaching right from wrong), and keeping a toddler healthy and safe as he or she takes on the world. There's a developmental time line of the second year plus special "milestone" boxes throughout that help parents keep track of their toddler's development. Thinking of traveling with tot in tow? There's a chapter for that, too.

## Book Information

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## Customer Reviews

This book is very informative, however that chapters are not designated by age (month). In this book they are by categories. The information is great, but I miss reading about each month's development, etc.

We have a 13 month old little one and this book takes the (scary) out of helping her through her second year. Everything is completely different than when she was a baby. This book will advise you on everything from feeding to temper tantrums to what to look for when she is sick. Every mother should read this book if they have a 1 year old.

When I became a mom for the first time I can remember being glued to What to Expect the First Year (What to Expect (Workman Publishing)). In fact I have had the same copy of this book for more than seven years now and find myself peeking at it every now and then too look for advise as my children went on in life. Now I am thrilled at the release of What to Expect the Second Year: From 12 to 24 Months (What to Expect (Workman Publishing)). Maybe this is because of my Elliot just turning one a few days ago and maybe it is because finally my needs for information as they age have been meet by author Heidi Murkoff. One of my biggest issues that began when my son made the transition from bottle to solids was his eating habits. For the first week it was all eggs, cheerios and applesauce it seemed. It was then and even now very picky and left much on his plate ever meal. In a chapter I learned how to add a sippy cup and some self feeding tips that have helped us get over the dietary issues and on to a well feed little man again. I have learned how to handle early temper tantrums with grace and compassion and found tips on safety proofing that even this momma of many would have overlooked. Most importantly I have found ways to encourage positive behaviors and ways to mold a growing mind. I have not read this book completely as of today but use it regularly with my many questions (thank goodness for the index). I am sure given another month I will have touched on every subject What to Expect the Second Year contains. I welcome it with open arms and even carry this with me wherever we go.

Let me say this first - I am a huge fan of What to Expect When You're Expecting and WTE First Year books. I have told dozens of people they should purchase them so I was really excited to get

this for my son's newest year. With the other two, there literally was never a topic I wanted to know about that wasn't discussed. Not the case with Second Year. Other than skimming the pages and reading general Second Year info, I have gone to this book three times for specific questions regarding my son. All three were big strike-outs. In case you were wondering the three issues were hand, foot and mouth disease, impact of death of a close family member, and excessive drooling with no other medical problem. All in all, this book has lots of great information and is probably worth buying. Just don't expect it to be a go-to book as in-depth and comprehensive as the earlier books. Who knows - maybe we are just a bit too far from norm!

This is a resourceful guide and reassuring book for first time parents or for those parents who are struggling with specific early toddler challenges. My toddlers are going through various struggles at 12 months and I found certain chapters to be helpful right now. I read the chapter on feeding specifically for tips on bottle weaning, cow's milk transition, food serving size suggestions, dealing with picky eaters and food allergy. Additionally, reading about milestones normal/average ranges for height, weight, talking, walking, eating, etc has really put me at ease. For parents like me whose babies are born premature or just not doing what other kids are doing at their age, this book really puts things in perspective. There's also a developmental milestone timeline from 13-24 months to help keep track of your toddler progress. It's by no means a "hard" rule, but it's very useful in gauging where your toddler will be heading. I really like how the chapters are organized into key issues rather than by age. It makes it so much easier to find what you're looking for. Overall, I highly recommend giving this a read.

I used the book "What to Expect the First Year" and found it very helpful as a first time mom, so I purchased this book for the second year. I love it! My daughter is 19 months old now and I still refer to it all the time - often to re-read something I probably forgot! It does a great job of covering most of the questions you might have and I love the beginning section that lists developmental milestones by month. I noticed one reviewer said they did not like the new format of this book - instead of a different chapter for each month chapters are organized by category (e.g. feeding, sleeping, talking). I like this format much better for the second year for a couple of reasons. 1-Children develop at their own pace and there is a wider range of what is normal as children get older compared to when they are 3 months old. 2-It is much easier to find an answer to a question you have or to just sit down and read about feeding, discipline, whatever interests you at the moment. You might need additional books or resources for more in depth coverage of certain problems if they go above and beyond

"typical" toddler issues, but this is a comprehensive book that is sure to cover most of the questions you may have during your child's second year. I would buy a book for the 3rd year if it were available!

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